

National Curriculum Reference:

KS2: Citizenship Developing a healthy, safer lifestyle 3f

KS3: PSHE 2f, 2g

Aim:

To become aware of how to have fun while staying safe at the beach.

Objectives:

Part 1

- To recognise the different flags found at the beach

Part 2

- To understand what each flag means

Part 3

- To make informed decisions about safe and unsafe activities at the beach and surrounding areas

Assessment/Success Criteria: Most pupils will remember how to identify the different flags and understand what each one means. Others will become aware of possible dangerous activities and have some understanding of how to avoid these. Some children will need to re-visit this activity several times to refresh their memory and remind themselves of the meanings of the different flags.

Teacher Notes: This activity has three parts to choose from and has been developed for use as a whole class or group activity to develop discussion. Each activity is intended to be used by the teacher or a teaching assistant. However, all options could also be used on stand-alone computers where pupils either work by themselves or with a partner.

Resources: Internet access to [www.rnli.org.uk/shorething](http://www.rnli.org.uk/shorething)  
Worksheet Activities

Key Vocabulary:

Groynes	Safety	RNLI
Windsock	Danger	Craft

Lesson Plan:

Timing	Section	Activity
10 mins	Introduction	<p>Before looking at the whiteboard activity, explain to the pupils that you are going to wordstorm words and phrases about different activities and conditions found at the beach (keep these to one side). Find out what pupils already know about the different flags seen at the beach. Split into groups and discuss together the different flags and what they think they mean. Gather class together and feedback. Keep a copy of all thoughts and save.</p> <p>Visit the website <a href="http://www.rnli.org.uk/shorething/Youth/Safety/flags.aspx">http://www.rnli.org.uk/shorething/Youth/Safety/flags.aspx</a></p> <p>How many knew the correct definitions for each flag?</p>
Activity 1 10-15 mins	Group or paired work activity	<p>This section could be completed twice, once before visiting the link above and then again afterwards. If the pupils have little knowledge about the different flags found at the beach, talk about each of the beach areas and make a list of similarities and differences.</p> <p>Before dragging any of the flags into the correct position, discuss reasons why they should be placed there.</p> <p>There is opportunity to discuss the role of the RNLI here and research which areas of the UK operate an RNLI lifeguard service and find how much this service costs the RNLI each year.</p>
Activity 2 10 mins		<p>This activity reinforces the pupil's knowledge of the role of each flag.</p> <p>After dragging the correct text to complete each of the four sentences there is opportunity to research some of the topical words e.g. windsocks; craft and find definitions of each word.</p>
Activity 3 15 mins		<p>Re-visit the list of activities discussed at the start of the lesson.</p> <p>Give pairs or groups of pupils a copy of the worksheet Activities.</p> <p>Ask them to cut out each activity and sort into safe and unsafe activities.</p> <p>Bring the groups back together and discuss each of the activities.</p> <p>Do some activities fit under both headers? Discuss why and how.</p> <p>Download the whiteboard activity Spot the dangers.</p> <p>Discuss each activity and decide where it should be best placed. Remind the pupils to also consider the different flags for appropriate activities.</p> <p>Any dangerous activities should be dragged into the dangerous activities box.</p> <p>When complete, discuss each of the activities placed in the dangerous activities box.</p> <p>Could any of these activities be made safe? What would need to change to make them safe?</p>
10 mins	Plenary	<p>How can they assess whether an activity is safe or unsafe and what makes it so?</p> <p>When or how can a safe activity become unsafe?</p>

